COALITION

Community Mental Health Center

Healthcare Homes

April 10, 2014

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Missouri Coalition of Community Mental Health Centers

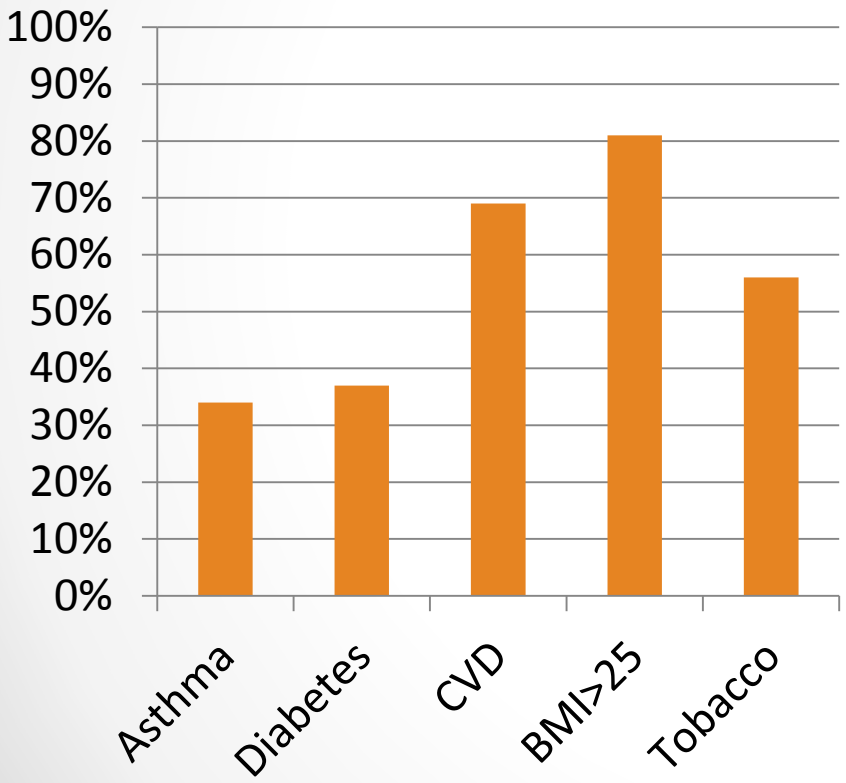
Missouri's Healthcare Homes

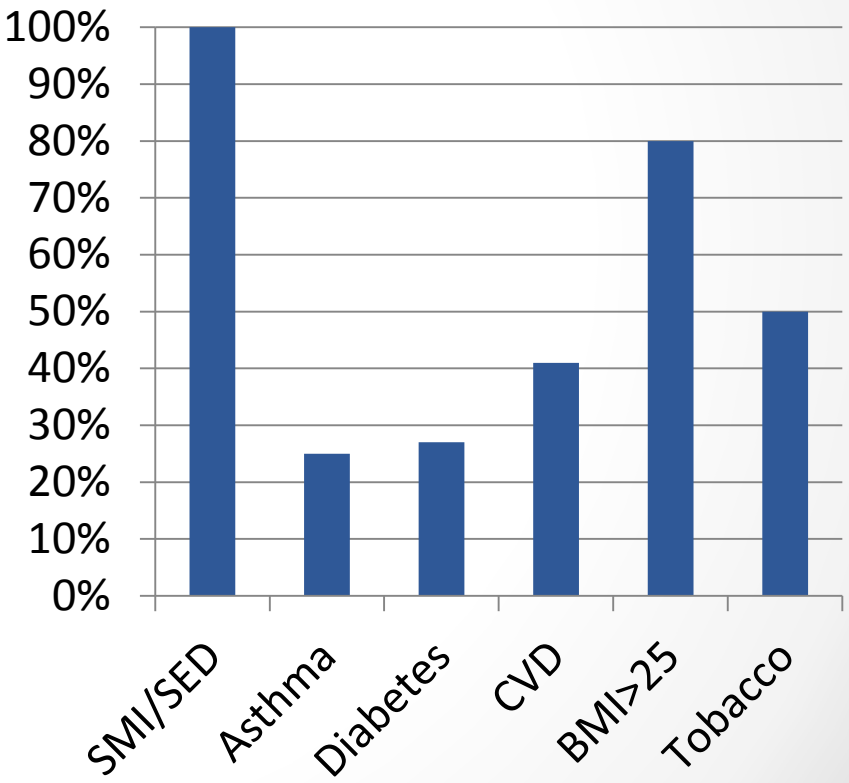
- Partners in Planning
  - Medicaid and Mental Health
  - FQHC and CMHC Associations
  - Hospital Association
  - Health Foundations
- Two Types of Health Homes
  1. ***Primary Care Health Homes***
     - 19 FQHCs, 5 Hospitals, 1 Rural Health Clinic
     - 15,954 Enrollees
  2. ***Community Mental Health Center Healthcare Homes***
     - 27 CMHCs
     - 19,065 Enrollees

Missouri's Healthcare Homs

Chronic Condition Prevalence

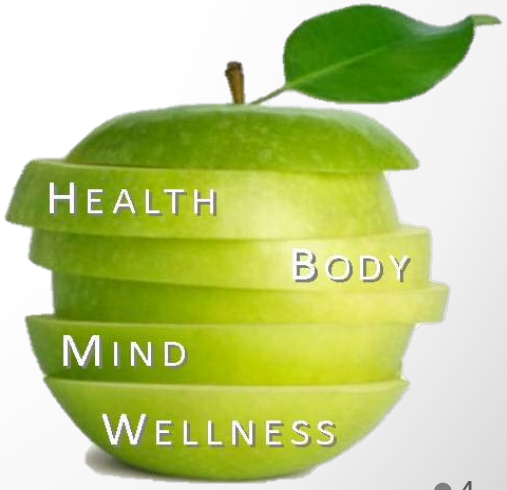
Primary Care Health Homes	CMHC Healthcare Homes





HCH Functions: Added Emphasis Above Medicaid Rehab Services

- Because Healthcare Homes take a **"whole person"** approach, we'll continue and expand our emphasis on:
  - **Health and Wellness**
  - **Preventive and Primary Care**
  - **Chronic Physical Health Conditions**
  - **Hospital Admissions and Discharges**
  - **Health Technology**
  - **Education and Support**



Reimbursement: Per Member Per Month (PMPM)

- PMPM: What It's Not
  - Capitation
    - No risk or reconciliation
  - A Case Rate
  - Reimbursement for individual services
- PMPM: Based on the cost of
  - Clinical staff capacity
  - Data monitoring and reporting
  - Administration

Reimbursement: Per Member Per Month (PMPM)

- PMPM: $80.31 (Year 1 = $78.74)
  - Health Home Director
  - Primary Care Physician Consultant
  - Nurse Care Manager (1:250)
  - Care Coordinator/Clerical Support
  - Data monitoring and reporting
  - Training

Care Management Reports

- Based on Medicaid claims data; does not include Medicare or non-Med

1. *Medication Adherence Report* – prescriptions filled?
2. *Behavioral/Pharmacy Management Report* – prescribing outside best practice?
3. *Disease Management Report* – Medicaid claims and metabolic screening data
   - Identifies individuals not meeting specific HEDIS measures
     - Asthma/COPD – have not been prescribed corticosteroids
     - Hypertension/CVD – do not have appropriate lipid or BP levels
     - Diabetes – do not have appropriate A1c or lipid levels

Lessons Learned and Changes Considered

Evaluation: Complexity and Challenges

- Delays: Paid Claims Run Out
- Complexity of Systems
  - Multiple Provider Codes
  - Multiple Service Codes
  - Multiple Beneficiary Codes
  - Required vs. Optional Input
- Complexity of Assumptions
  - Cohorts
  - Periods and Times
- One Year Is Not Enough!

Changes and Focus

- Administration
- Levels of Care
- Practice Coaches
- PMPM adjustments
- Nurse Care Manager caseload size
- Children & Youth
- Interventions to address weight issues, tobacco use and substance use
- Revisions to performance measures
- Continue to train and collaborate

Program Outcomes

Cost Savings

Missouri's Health Homes have saved an estimated **$23.1 million**.

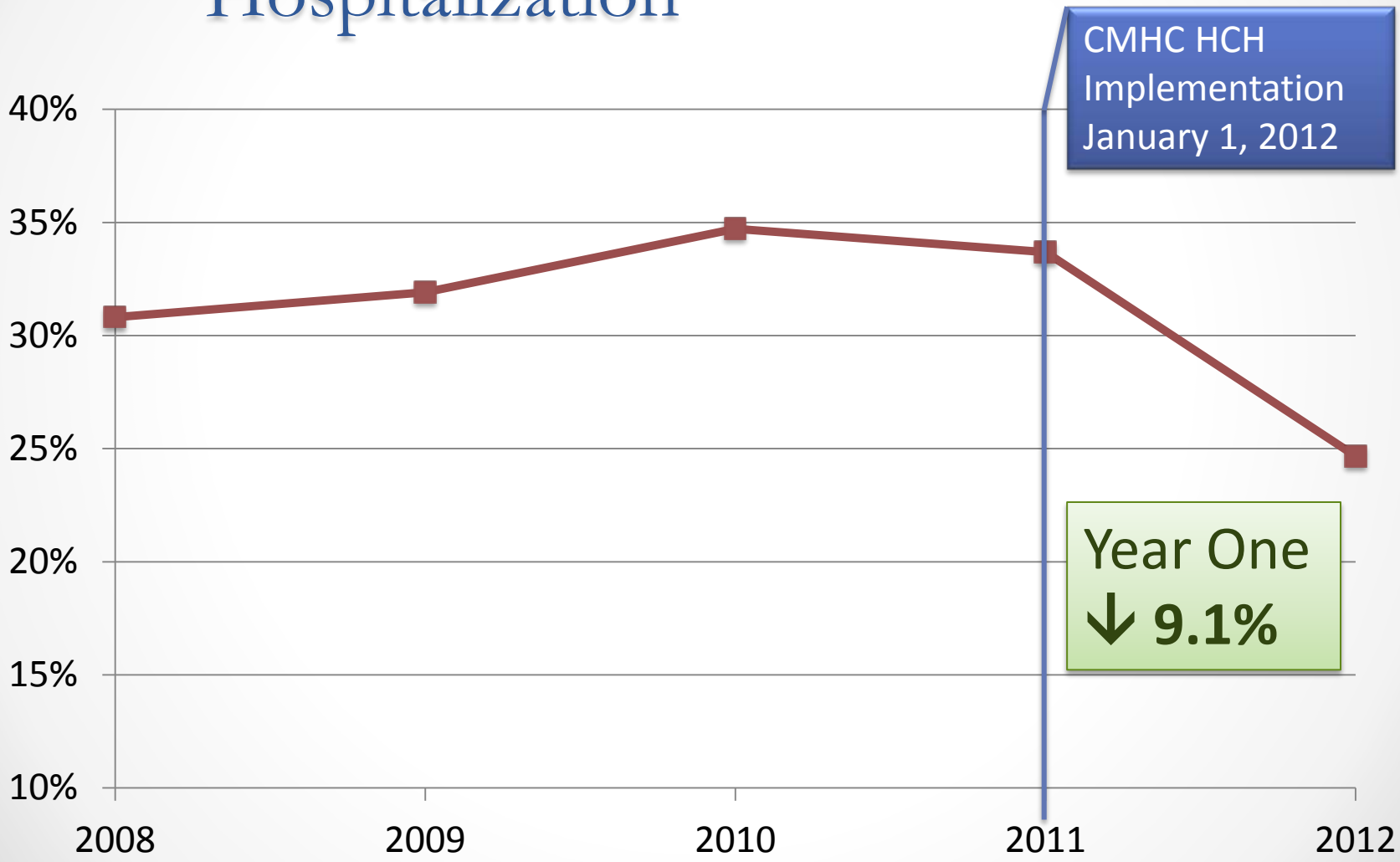
Community Mental Health Centers have saved Missouri an additional **$22.3 million** for the 3,560 lives served in Disease Management 3700.

CMHC Healthcare Homes

Performance Measures: 2 Year Health Outcomes

Measure	Baseline	12 Months	18 Months	2 Years	% ↑
Hypertension Blood Pressure in Control (BP <140/90 mmHg)	24%	41%	55%	**62%**	**38%**
Cardiovascular Cholesterol in Control (LDL <100 mg/dL)	21%	37%	49%	**55%**	**34%**
Diabetes Blood Pressure in Control (BP <140/90 mmHg)	27%	46%	59%	**67%**	**40%**
Diabetes Cholesterol in Control (LDL <100 mg/dL)	22%	38%	47%	**50%**	**28%**
Diabetes Blood Sugar in Control (A1c <8.0%)	18%	42%	53%	**57%**	**39%**

% of CMHC clients with at least 1 Hospitalization



Program Sustainability

- The Missouri budget setup:
  - CMCH HCHs are paid at the regular match from the Department of Mental Health (DMH) budget
  - State has done special draws to collect the 90% match but those proceeds have gone to General Revenue (GR)
  - So when the 90% expires on January 1, 2013 the funding to operate the program still resides in the DMH budget
  - The additional $5 million or so GR has collected to the credit of the HCH program just becomes a blip in the Consensus Revenue Projection for FY 14/15

Thank You!

CMHC Healthcare Home Supplemental Info

Missouri Health Home Resources

- MO CMHC Healthcare Home 18 Month Progress Report
  - http://dmh.mo.gov/docs/mentalillness/18MonthReport.pdf

- Additional Information for Missouri's Health Homes can be found on the Department of Mental Health Website:

MISSOURI DEPARTMENT OF MENTAL HEALTH

  - http://dmh.mo.gov/about/chiefclinicalofficer/healthcarehome.htm

    and

  - http://dmh.mo.gov/mentalillness/provider/HealthcareHome.htm

HEDIS Performance Measures

Measure	Description	Persons Flagged
Hypertension Blood Pressure Control Goal: 60%	% of patients 18 years and older with a diagnosis of hypertension with a blood pressure <140/90 mmHg, during the most recent office visit within a 12 month period.	Persons flagged have a diagnosis of hypertension, and have a blood pressure >140/90 mmHg OR have no blood pressure result reported in the previous 12 months.
Cardiovascular Disease LDL Cholesterol Control Goal: 70%	% of patients 18-75 years of age with a diagnosis of CAD with lipid level adequately controlled (LDL <100 mg/dL).	Persons flagged have a diagnosis of CVD or CAD, and whose lipid level is not currently controlled (LDL >100 mg/dL) OR have no lipid level result reported in the previous 12 months.

HEDIS Performance Measures

Measure	Description	Persons Flagged
Diabetes Blood Pressure Control Goal: 65%	% of patients 18-75 years of age with a diagnosis of diabetes (type 1 or type 2) who had a blood pressure <140/90 mmHg.	Persons flagged have a documented blood pressure >140/90 mmHg OR have no blood pressure result reported in the previous 12 months.
Diabetes LDL Cholesterol Control Goal: 36%	% of patients 18-75 years of age with a diagnosis of diabetes (type 1 or type 2) who had LDL <100 mg/dL.	Persons flagged have a documented LDL >100 mg/dL OR have no lipid level result reported in the previous 12 months.
Diabetes HbgA1c Control (adult and child) Goal: 60%	% of patients 18-75 years of age (children under 18 years of age) with a diagnosis of diabetes (type 1 or type 2) who had an HbgA1c <8.0%.	Persons flagged have a documented HbgA1c >8.0% OR have no HbgA1c result reported in the previous 12 months.

HEDIS Performance Measures

Measure	Description	Persons Flagged
Asthma Medication (adult and child) Goal: 70%	% of patients 18-64 years of age (children 5-17 years of age) who were identified as having persistent asthma and were appropriately prescribed medication during the measurement period.	Persons flagged have a diagnosis of persistent asthma and are not currently prescribed a controller medication.
Body Mass Index (BMI) Control (adult and child) Goal: 37%	% of patients 18-64 years of age (children under 18 years of age) with documented BMI between 18.5-24.9.	Persons flagged have a documented BMI of >25.
No Tobacco Use (adult and child) Goal: 44%	% of patients 18 years of age and older reporting (children under 18 years of age) no tobacco use in previous 12 months.	Persons flagged report tobacco use in the previous 12 months.

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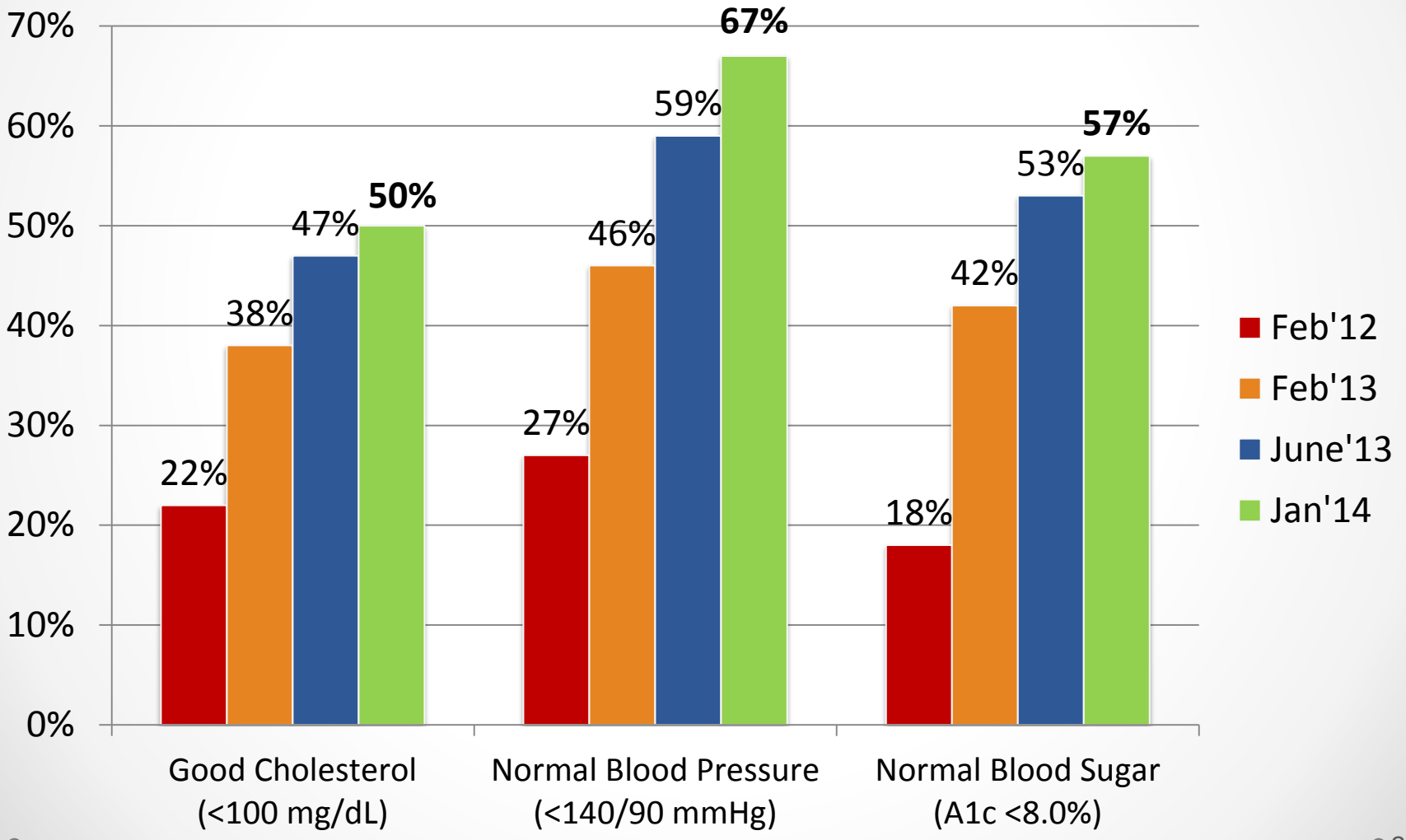
Diabetes: 2 Year Outcomes

(2,434 continuously enrolled adults)



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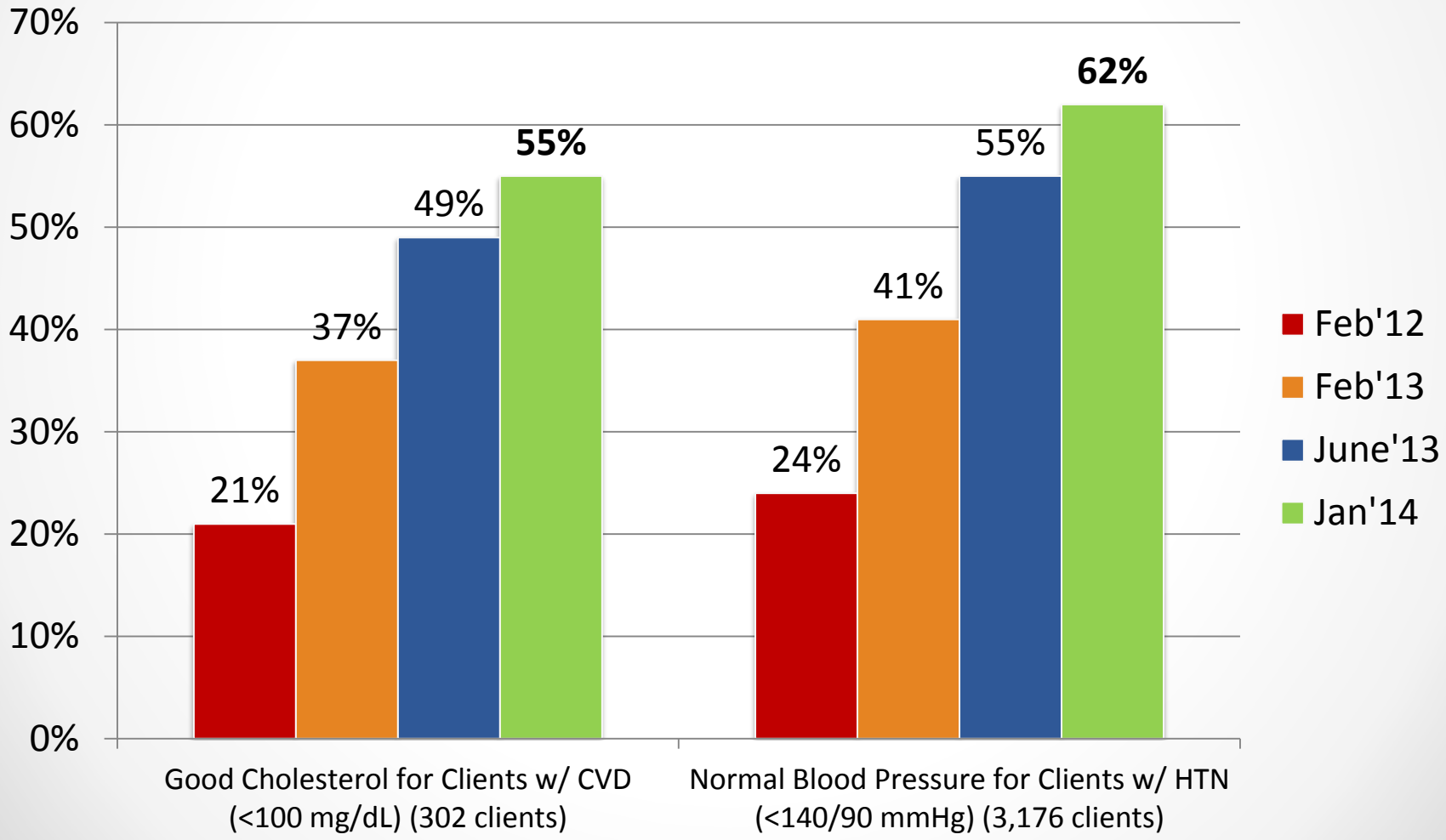
Hypertension & Cardiovascular Disease: 2 Year Outcomes



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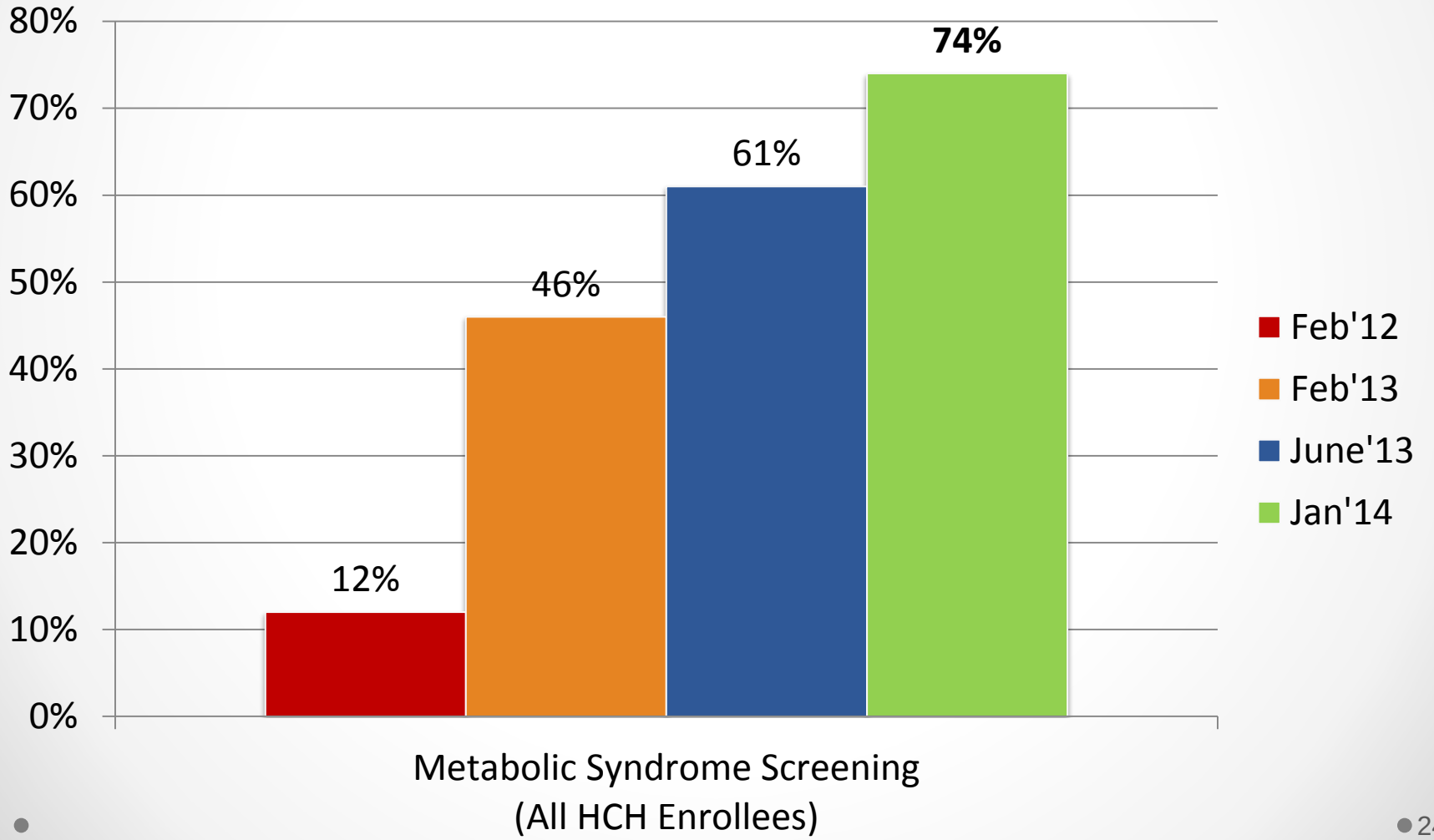
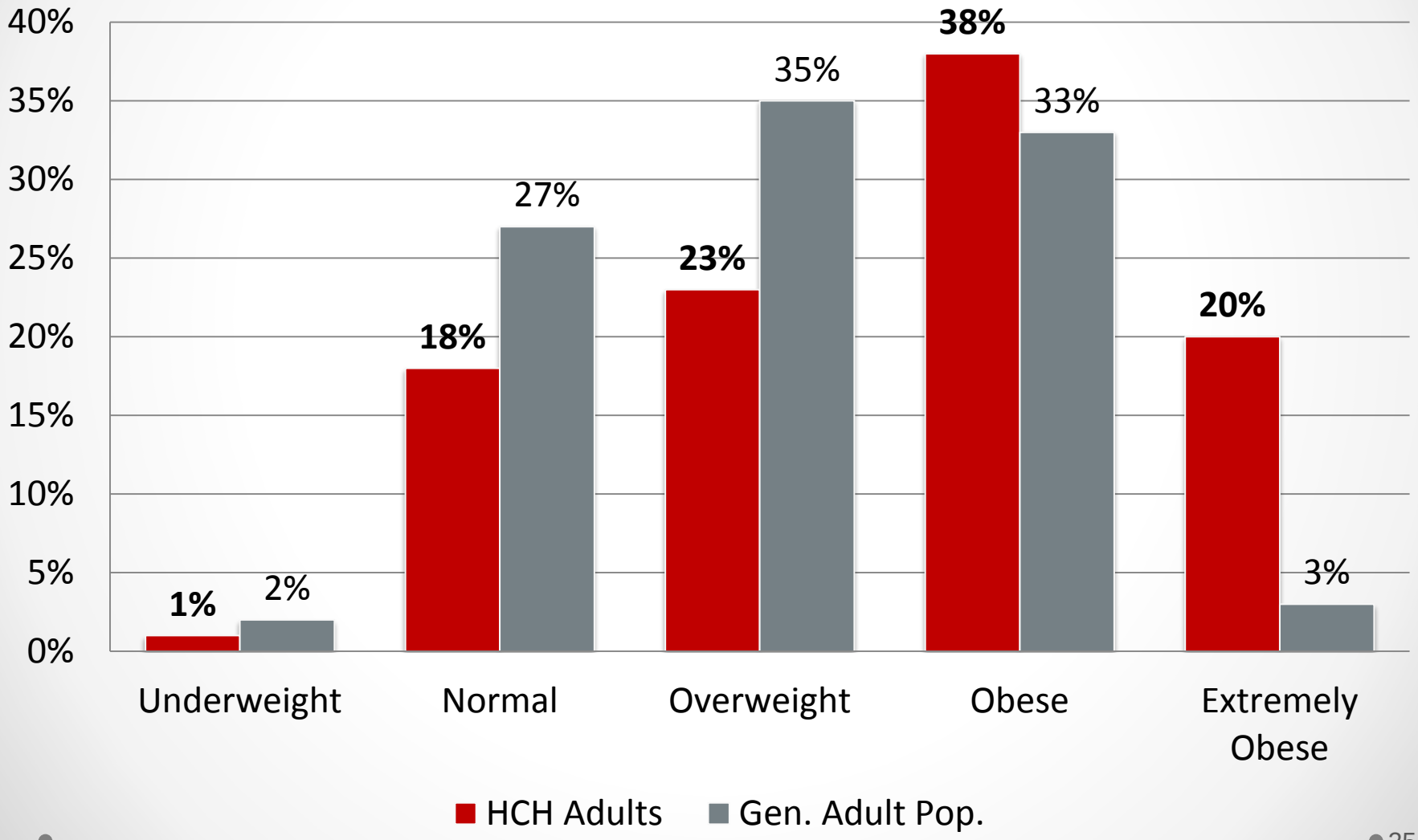
Metabolic Syndrome Screenings: 2 Year Outcomes



Body Mass Index: Obesity Prevalence



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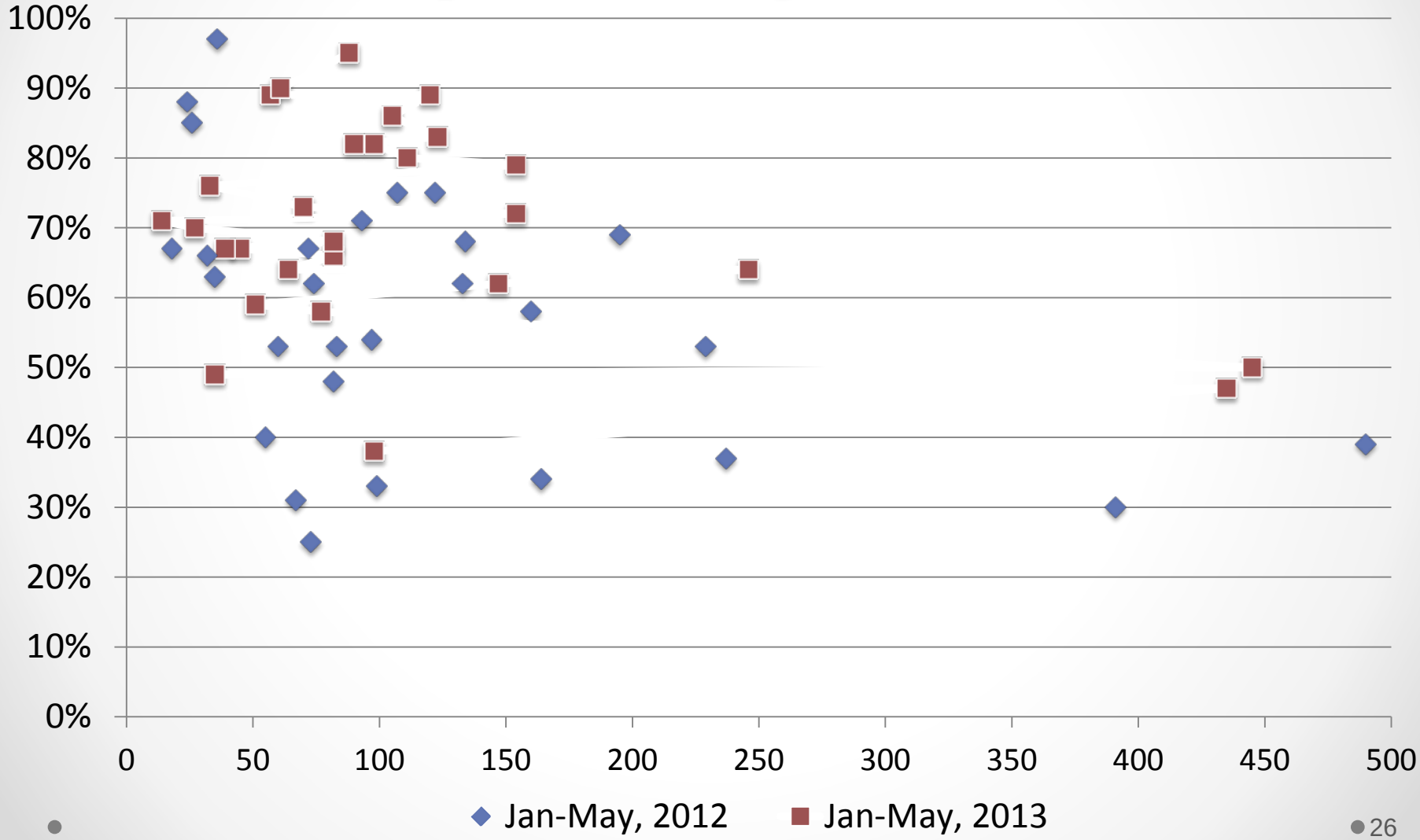
Percent of Follow Up Compared to # of Hospital Discharges