



Access to Substance Use Disorder Treatment in Medicaid

Draft Chapter



Medicaid and CHIP Payment and Access Commission

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Session Overview

- Chapter builds on June 2017 report to Congress
- Chapter sections
 - Components of a substance use disorder (SUD) continuum of care
 - Access to SUD treatment services: coverage, provider supply and participation
 - Opportunities: Section 1115 SUD waivers
 - Conclusions and next steps
- Chapter feedback

Components of SUD Continuum of Care

- Continuum of care allows management of SUD over extended period of time as health care needs change
- Clinical components
 - American Society of Addiction Medicine (ASAM) defined levels of care
 - Medication-assisted treatment (MAT)
- Non-clinical components
 - Recovery support services

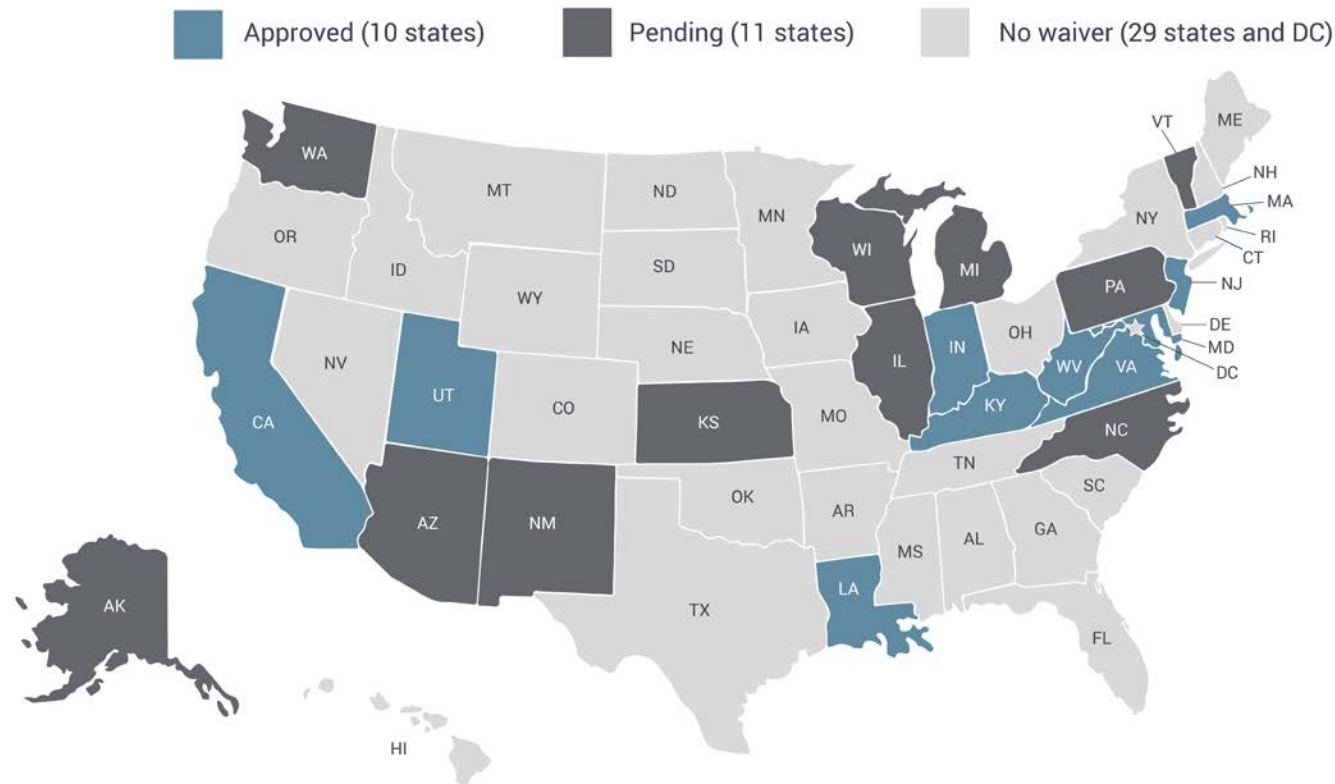
Access Framework

- Coverage
 - Benefits under state plan and Section 1115 waivers make up SUD delivery system
- Provider supply
 - Delivery system needs adequate supply of providers
 - Providers must be located where beneficiaries live
- Provider participation
 - Providers must be willing to participate in Medicaid and accept new patients

Coverage of Clinical Services: ASAM Levels of Care

- On average, states cover 6 out of 9 services
- Largest gaps in coverage
 - Partial hospitalization: covered in 33 states
 - Residential SUD treatment: 17 states cover all 4 levels of residential care
- States can pay for residential treatment in facilities with fewer than 16 beds, but many choose not to
- Two pathways to pay for residential treatment in IMDs:
 - Managed care “in lieu of”
 - Section 1115 SUD waivers

States with Approved or Pending Section 1115 SUD Waivers, 2018



Coverage of Clinical Services: MAT

- MAT for opioid use disorder includes 3 FDA-approved drugs
- All states offer a prescription drug benefit
 - All states pay for buprenorphine; 49 pay for naltrexone
 - States are not required to pay for methadone; 38 do
- Drug coverage must be considered with treatment setting

Coverage of Non-Clinical Services: Recovery Supports

- Limited information on Medicaid coverage of recovery support services.
- MACPAC 2015 state plan analysis notes:
 - 14 states covered peer support services
 - 9 states and DC covered supported employment

Provider Supply

- ASAM Levels of Care
 - Most SUD facilities offer outpatient treatment
 - Few offer intensive outpatient, partial hospitalization, and short-term residential treatment
 - Providers available to provide services varies by state
- MAT
 - Only 2.7 percent of SUD facilities offer all 3 forms of medication
 - Opioid treatment programs mostly in urban areas
 - Few physicians certified to prescribe buprenorphine; regional disparities
 - 72 percent of buprenorphine providers only certified to prescribe to 30 individuals

Provider Participation

- ASAM levels of care
 - 62 percent of SUD facilities accept Medicaid
 - Ranges from 29 percent in California to 91 percent in Vermont
 - 60 percent of counties have at least one outpatient SUD facility that accepts Medicaid
 - Providers of residential and partial hospitalization accept Medicaid at a lower rate than those offering outpatient
- MAT
 - In 2016, 69 percent of physicians in the U.S. accepted new Medicaid patients
 - Buprenorphine provider participation in Medicaid unclear

Opportunities: Section 1115 SUD Waivers

- Multi-pronged opportunity to address:
 - Coverage
 - Provider supply
 - Provider participation
- Waiver requirements
 - States must demonstrate how inpatient and residential care will supplement community-based services
 - Provider requirements
 - Reporting requirements
- Comprehensive strategies from two states highlighted in chapter

Conclusions

- An effective Medicaid response to the opioid epidemic requires:
 - Payment for the full continuum of care
 - Access to specialty SUD providers
 - Provider participation in Medicaid
- Gaps in coverage
 - Only 11 states pay for the full continuum of care
 - Policymakers have focused on IMD but gaps in coverage are present at other levels of care
 - Section 1115 waivers are not a viable option for all states

Next Steps

- Recovery support services
 - What services are states paying for under the state plan, Section 1115 SUD waivers, and home and community-based waivers?
 - How do these services complement ASAM levels of care?
- MAT
 - How do state-level policies influence utilization?
 - Is MAT, including methadone, accessible for beneficiaries?



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